**Patient Name:** DE LEON, PEDRO

**Date of Birth:** 04/26/1969

**Date of Service:** 11/22/2021

**History of Present Illness:**  
This is a 52 year-old right hand dominant male who was involved in a motor vehicle accident on 09/04/2021. The patient was a restrained driver of the vehicle which was involved in a T-bone collision at both sides. Patient states that car #2 ran red light at driver’s side followed by car #3 hit on passenger side. Patient injured Right Shoulder in the accident. The patient is here today for orthopedic evaluation. Patient has not tried PT.

The patient complains of right shoulder pain that is rated at 8/10, with 10 being the worst. The patient states that pain increases with \_\_\_\_\_walking and improves with rest.

**Past Medical History:**  
Diabetes, high blood pressure, arrhythmia, cholesterol.

**Past Surgical History:**  
Right shoulder RTC repair 10 years ago.

**Past Accident/Injuries:**

**Daily Medications:**  
Cyclobenzaprine, olmesartan, bisoprolol, metformin, aspirin. Losartan and metoprolol.

**Allergies:**  
No known drug allergies

**Social History:**  
Noncontributory.

**Physical Examination:**  
**Vitals:** On physical examination, the patient is 5 feet 9 inches tall, weighs 211 pounds.  
**General Appearance:** Patient is a well-developed, well-nourished male in no acute distress. Awake, alert, and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Patient walks with a cane.

**Right Shoulder:**  
Examination of the shoulder revealed no tenderness to palpation. Range of motion Abduction 60 degrees (180 degrees normal), Forward flexion 80 degrees (180 degrees normal), Internal rotation 40 degrees (80 degrees normal), External rotation 60 degrees, (90 degrees normal) .

**Diagnostic Imaging:**  
None reviewed.

**Assessment and Plan:**  
Diagnosis: Impingement, right shoulder.   
Recommend PT.

The patient’s Right Shoulder was examined   
The patient at the present time is advised to begin PT.  
Patient is to return to the office in 3 months.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**